

Referrals

We welcome self referrals. Other professionals you are working with can refer you as well.

We follow the Psychologists' Association of Alberta fee schedule.

Confidentiality

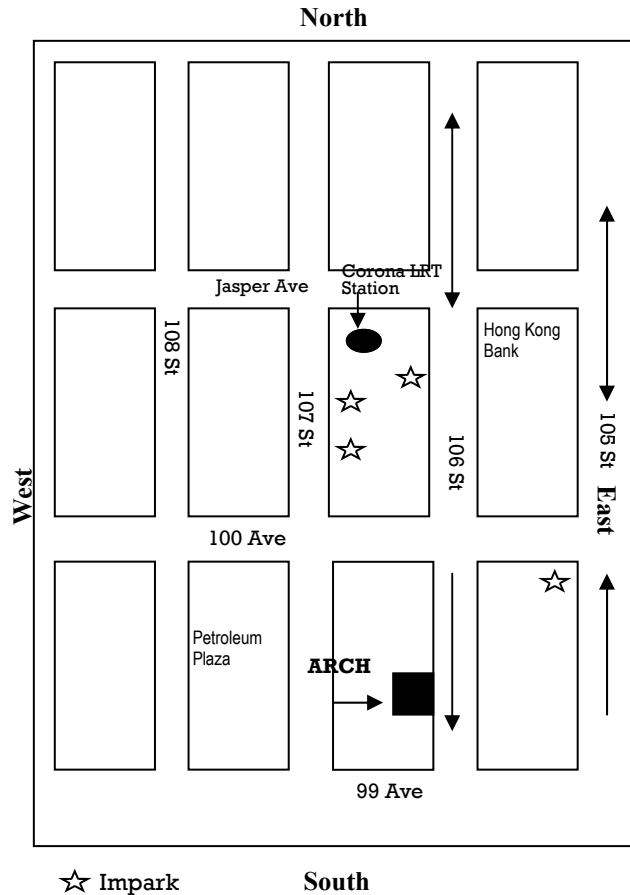
All personal information is confidential. It is released only with the client's written authorization or as required by law. Please advise us of any special confidentiality requirements.

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Dr. A Riediger, Ph.D., C. Psych - thirty three years of experience as a Psychologist. Areas of practice include sexual abuse offender treatment, psycholegal assessment, individual/family therapy and program consultation/development.

George Lucki, M. Phil., C. Psych - twenty two years of experience in the public and mental health system, teaching and private practice. Areas of interest include assessment, individual and family therapy, program consultation and mental health advocacy.

**Psychological Associates** - experienced in: child, adolescent and family therapy, Aboriginal services, custody/access resolution and personal growth. Services available in a number of languages.

## Where to find us:



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*Times of crisis are special opportunities for healing, change and growth*

ARCH offers:  
Assessment  
Treatment  
Consultation  
Specialized programs

**(780) - 428-9223**

## Specialized Programs

ARCH offers a range of specialized programs. They include:

1. **Adolescent programs**  
– addressing inappropriate sexual behaviors, problem fire setters and problem aggression
2. **Employee Assistance programs**  
– providing clinical and consultative services to employees and their workplace.
3. **Aboriginal programs**  
– addressing unique Aboriginal needs through coordination with community resources.
4. **Health services**  
– providing psychological intervention in the treatment of physical health problems.
5. **Forensic programs**  
- providing
  - a) Family oriented programs for children and adolescents
  - b) Probation and parole counseling for adults
  - c) Community reintegration and reduction in risk of re-offence

## Treatments

- **Psychotherapy**  
- promotes healing and personal effectiveness. The therapy is designed to utilize the healing power within the individual to resolve behavioral problems or personal distress.
- **Relationship Counseling**  
- addresses special problems involving couples, families and groups.
- **Training and Skill Development**  
- promotes skills in parenting, intimacy, assertiveness, personal growth and enhanced life management.



## Assessments

### Personal Functioning

- **Personality and Clinical Assessments**  
- Why do people act the way they do?  
Can they change? Can I change?

### School and Career

- **Psycho-Educational Assessments**  
- identification of learning problems and academic concerns
- **Behavior and Attention Assessments**  
- screening for attention deficit disorders (AD/HD), impulsivity, aggression, suicide potential etc.
- **Neuro-psychological Assessments**  
- screening for disorders of the brain or nervous system

### Forensic Assessments

- Psychological assessment with respect to legal processes (pre-trial, pre-sentence reports etc.)

### Family

- **Child Custody Assessments**  
- evaluations for resolution of custody and access disputes.

## Consultation

The psychological associates at ARCH have experience in complementary areas of social service and mental health resources. With this experience the agency can provide consultation and case management to serve the client's best interests and reduce conflicts, duplication and gaps in service.

Each of us deserves to be  
Accepted  
Appreciated  
Affirmed  
As a worthwhile human being.